

CONCEPT CHECK

- What is it about personality disorders that makes them difficult to treat? What factors do effective treatments have in common to address those difficulties?
- BPD has been the focus of most empirical treatment studies of personality disorders. What is the state of knowledge about treatments for other personality disorders? What do you think should be the top priority in future treatment research?
- Personality disorders are said to involve problems with the person's sense of self. What are these problems? What conceptual models have been proposed for helping us understand how the sense of self is disrupted in personality disorders?